

# GRIEF SUPPORT

*We are here for you!*



September 2018

## Grief Education and Support Group

An 8-week series with two sessions to choose from. Pre-registration required a week in advance as seats are limited.

### Upcoming Series:

**Eve Session:** begins Thursday,  
October 4, 2018, 5:30 pm - 7:30 pm

**Day Session:** begins Friday,  
October 5, 2018, 10:00 am -12:00 pm

### Next Series:

**Eve Session:** begins Thursday,  
January 3, 2019, 5:30 pm - 7:30 pm

**Day Session:** begins Friday,  
January 4, 2019 10:00 am - 12:00 pm

## Family Grief Support Group

Support group for families with children and teens ages 5-18 who have experienced loss. Held the at Old Mill Center for Children & Families on the first Wednesday of each month from 5:30 to 7:00pm.

Must register and complete a brief questionnaire before attending; please call 541.757.9616 and ask to speak with Melissa Allen to register or for more information.

## Community Support

Consultations, trainings and more offered to individuals, schools, healthcare settings, employer groups and other organizations throughout the year. Call for more information.

## Community Grief Support Group

A drop-in group open to anyone grieving a death of someone they care about. Explore a different grief topic each month. Meets at Lumina Hospice & Palliative Care on the second Monday of each month 5:30-7:00 pm.

### Upcoming Topics:

**September:** Finding Meaning and Purpose

**October:** Grief and Hope

**November:** Grief and the Holidays

**December:** Use of Rituals

## Comfort Crafting Circle

Make items for hospice patients and families. Any knitters, crocheters, and crafters from the community are welcome. No experience necessary. In Corvallis the first and third Wednesday of each month, 1:00-2:00pm; at Lumina Hospice & Palliative Care.

## Service of Remembrance

A celebration to honor the lives of those who have died by reading their names, displaying their photos and lighting candles in their memory.

If you'd like to include the name and photo of the person who died in the slideshow please email the photo to [info@luminahospice.org](mailto:info@luminahospice.org) or send the photo to our office (photos will be returned if requested). Please label all photos with the deceased's name, dates of birth and death, your phone number and your return mailing address.

All groups are free of charge (unless otherwise noted)!

Held at Lumina Hospice & Palliative Care meeting room (unless otherwise noted)

Call to register or suggest a programming idea



**Lumina**  
Hospice & Palliative Care

Founded as **Benton Hospice Service** in 1980

### Contact us for more information

2350 NW Professional Drive, Corvallis, OR 97330

[info@luminahospice.org](mailto:info@luminahospice.org)

Care Illuminated

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