

Dementia Series Community Lectures 2025

Speaker Dr. Helen Kao

*Medical Director of Clinical Innovations at
Lumina Hospice and Palliative Care*



Helen Kao

How Stress Effects Dementia

Thursday September 11, 5:30pm - 6:30pm

Friday September 12, noon - 1pm

Location: Corvallis Community Center (C3)

*Dementia symptoms and 'behaviors' can change for many reasons
Understand how acute stress can cause a sudden 'decline' in cognition*

Review common examples of "acute stress"

Recognize differences in how a brain with dementia may process symptoms.

Practical Ways to Manage Dementia "Behaviors"

Thursday November 20, 5:30pm - 6:30pm

Friday November 21, noon - 1pm

Location: Corvallis Public Library, conference room

Learn practical steps for 'diagnosing' dementia behaviors

Explore non-pharmacologic options for managing behavior symptoms

Try a wide assortment of real tools and devices to help with dementia care



This event is open to the public and offered free of charge. Registration is not required.

"Respite care services at the Grace Center are offered during the lectures. The fee is \$20 for the Thursday evening session, while the Friday noon lectures are FREE. Please register for respite care a week ahead of time. To schedule, call the Grace Center at 541-754-8417 or email Office@gracecenter-corvallis.org."



Founded as Benton Hospice Service in 1980

Contact us for more information

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